

Men All Need to be Caring, Actively Engaged, Vested, and Encouraged

A Call to Men

Live Respect Coaching Healthy & Respectful Manhood

Helping create a world where all men and boys are loving and respectful and all women, girls, and those at the margins of the margins are valued and safe.



Things to know:

- ◆ 12 sessions
- ◆ Sessions 45-60 minutes long
- ◆ Session facilitators are male
- ◆ Sessions are small for questions, discussion and activities.
- ◆ Program includes a Live Respect Curriculum, resources and prizes.

Participants will learn: skills to help develop:

- ◆ emotional literacy
- ◆ self-awareness
- ◆ self-confidence
- ◆ strong and resilient interpersonal skills
- ◆ healthy relationships
- ◆ the importance of asking for support when needed

From Men Who Have Completed This Program:

"...a fantastic journey / education in healthy masculinity."

"...made me realize that it's okay to ask for help."

"...the most valuable tool for understanding healthy masculinity."

"...so needed, so valuable."

"...the discussion on consent will most definitely open your eyes."



For more information contact:

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